### High School Lunch Menu
#### December 2019

This institution is an equal opportunity provider.
Esta institucion es un que ofrece igualdad de oportunidades.

<table>
<thead>
<tr>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
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<tbody>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
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<tr>
<td>Dino Nuggets</td>
<td>Mozzarella Sticks w/ Tomato Sauce</td>
<td>Pot Luck</td>
<td>Assorted Breakfast Sandwiches</td>
<td>Assorted Pizza Day</td>
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| 9   | 10  | 11  | 12  | 13  |
| Chicken Tenders | Build your own Burrito Day | Mac & Cheese or Pulled Pork Sliders | Assorted Breakfast Sandwiches | Assorted Pizza Day |

| 16  | 17  | 18  | 19  | 20  |
| General Tso Chicken and Rice | Riblet Sandwich or Build n Burger | Cheese Steak Sandwich or Pot Luck | Assorted Breakfast Sandwiches | Assorted Pizza Day |

*Complete Meal - $3.50*
A complete meal consists of:
1. 1/2 Pint of Skim Milk
   - Choice of: White Chocolate or Strawberry
2. Protein—Meat or Meat Alternate
3. Fresh Tossed Salad, Hot Vegetable, Raw Vegetable or 3 Bean Salad
4. Fresh Fruit, Fruit Cup or Fruit Juice
5. Whole Grain Bread or Grain Equivalent

All Students must take a Fruit and/or Vegetable with their meal.

#### Daily Alternate Meals
- PB&J
- Italian Sub
- Turkey Sub
- Cheese Sub
- Parfait Yogurt Meal
- Chicken Caesar Salad
- Chef Salad
- Assorted Sandwiches
- Assorted Wraps
- Assorted Salads with Protein

Homemade Soup offered Daily

Check Menu Board for Daily Specials and / or Premium Meal Choice

Any additional questions or concerns please contact:
- Sandra Bailoni @ 732-556-2080
- Debra Markoski @ 732-556-2602

**MENU IS SUBJECT TO CHANGE**